



Republic of the Philippines  
 PROVINCE OF CAGAYAN  
 City of Tuguegarao  
**EIGHTH CITY COUNCIL**



EXCERPTS FROM THE MINUTES OF THE 48<sup>th</sup> REGULAR SESSION  
 OF THE EIGHTH CITY COUNCIL OF TUGUEGARAO CITY, CAGAYAN  
 HELD ON JULY 6, 2020, MONDAY, 9:00 A.M.,  
 AT THE SANGGUNIANG PANLUNGSOD SESSION HALL

PRESENT:

Hon. Bienvenido C. De Guzman II	City Vice Mayor/Presiding Officer
Hon. Maila Rosario T. Que	Sangguniang Panlungsod Member (via Teleconferencing)
Hon. Gilbert S. Labang	Sangguniang Panlungsod Member
Hon. Danilo L. Baccay	-do-
Hon. Ronald S. Ortiz	-do-
Hon. Arnel T. Arugay	-do-
Hon. Mary Marjorie P. Martin-Chan	-do- (via Teleconferencing)
Hon. Grace B. Arago	Sangguniang Panlungsod Member
Hon. Raymund P. Guzman	-do-
Hon. Winnoco R. Abraham	-do-
Hon. Karina S. Gauani	-do-
Hon. Victor Herbert N. Perez	-do-
Hon. Gil G. Pagulayan	Ex Officio Member (Liga ng mga Barangay President)
Hon. Karen L. Taguinod	Ex Officio Member (SK Federation President)

ABSENT:

Hon. Imogen Claire M. Callangan Sangguniang Panlungsod Member (on Leave)

**CITY RESOLUTION NO. 176-08-2020**

**A RESOLUTION DISCOURAGING HANDSHAKE IN THE LIGHT OF COVID 19 PANDEMIC TO AVOID THE SPREAD OF INFECTIOUS DISEASES IN THE CITY OF TUGUEGARAO**

**Sponsors:** Hon. Ronald S. Ortiz  
 Hon. Bienvenido C. De Guzman II  
 Hon. Maila Rosario T. Que  
 Hon. Gilbert S. Labang  
 Hon. Danilo L. Baccay  
 Hon. Arnel T. Arugay  
 Hon. Mary Marjorie P. Martin-Chan  
 Hon. Grace B. Arago  
 Hon. Raymund P. Guzman  
 Hon. Winnoco R. Abraham  
 Hon. Karina S. Gauani  
 Hon. Victor Herbert N. Perez  
 Hon. Gil G. Pagulayan  
 Hon. Karen L. Taguinod

**WHEREAS**, Proclamation No. 922, Series of 2020 has declared a State of Public Health Emergency to contain the spread of COVID-19 cases in the Philippines and prompted a whole government approach in addressing the COVID-19 outbreak in the country;

**WHEREAS**, under Republic Act No. 7160, otherwise known as the Local Government Code of 1991, local government units are empowered to exercise the power expressly granted and those necessarily implied as well as powers necessary, appropriate or incidental for their efficient and effective governance and the promotion of the health and safety, and general welfare of the people;

**WHEREAS**, effective July 1, 2020, President Rodrigo R. Duterte through the recommendation of the Inter Agency Task Force (IATF) placed the entire Province of Cagayan under Modified General Community Quarantine (MGCQ) with a Local Strict Action, hence, health protocols under Section 5 of the Omnibus Guidelines on the Implementation of Community Quarantine in the Philippines with amendments as of June 25, 2020 particularly public health standards shall at all times be observed and complied with;

**WHEREAS**, handshake is a globally widespread gesture of brief greeting or parting tradition in which two people grasp one of each other's like hands, in most cases accompanied by a brief up-and-down movement of the grasped hands which is commonly done when meeting, greeting, parting, offering congratulations, expressing gratitude or as a public sign of completing a business or diplomatic agreement or good sportsmanship in competitive activities;

**WHEREAS**, handshaking as a long practice poses danger to health as study shows that respiratory infections and many gastrointestinal infections can be acquired through shaking hands since microscopic amount of bacteria and viruses can easily be transmitted from one hand to the next and, therefore, a potential root of the spread of germs;

**WHEREAS**, the House of Representatives has adopted Resolution No. 408 which urges the promotion of the simple act of gracefully laying the palm of the right hand over the center of the chest with a simultaneous slight head nod;

**WHEREAS**, the said new customary gesture of goodwill, praise and respect is an alternative to the traditional handshake to reduce the chances of transferring communicable diseases;

**WHEREAS**, other forms of greeting like waving at the person and making a peace sign may also be utilized;

**WHEREAS**, it would be beneficial to discourage shaking of hands and even elbow bump and to encourage the observance of House Resolution No. 408 not just to avoid spread of corona virus but to decrease the number of influenza illness in Tuguegarao City

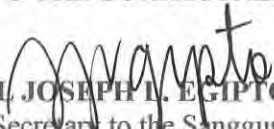
**WHEREAS**, immediate behaviors which communicate warmth, closeness and affection as a custom passed through generations and any other forms of body contact should be avoided to ensure the safety of everyone in Tuguegarao City,

**NOW, THEREFORE, RESOLVE** as it is hereby **RESOLVED** to discourage handshake during the COVID 19 pandemic to avoid the spread of infectious diseases in the City of Tuguegarao.


On joint motion, **CITY RESOLUTION NO. 176-08-2020** was **APPROVED** under suspended rules.

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I HEREBY CERTIFY TO THE CORRECTNESS OF THE FOREGOING:

  
**JOEL JOSEPH I. EGIPTO, Ph.D.**  
Secretary to the Sanggunian

ATTESTED:

  
**HON. BIENVENIDO C. DE GUZMAN II**  
City Vice Mayor/Presiding Officer  
Date: 070620